

Minutes of the 2011-12IHSA Student Advisory Committee Meeting

April 22, 2012

The IHSA Student Advisory Committee met at the IHSA Office in Bloomington, Illinois, on Sunday, April 22, 2012 beginning at 10:00 a.m. Committee members present were: District 1 Cecile Franke, Chicago (Northside College Prep); District 2 Andrew Williams, Chicago (Hales Franciscan); District 3 Kristen Kleist, Chicago (Mother McAuley); District 4 Emily Fung, Skokie (Niles West); District 5 Morgan Murphy, Sandwich; District 5 Trent Hanselmann, Carpentersville (Dundee Crown); District 6 Tyler Yonk, Belvidere (North); District 7 Katie Guth, Hinsdale (South); District 8, Rebekah Michaelson, Lemont (H.S.); District 8 Jacob Platt, Tinley Park (Andrew); District 10 Devin Hartman, Lanark (Eastland); District 10 Zeke Hartman, Lanark (Eastland); District 11 Abigail Taets, Orion; District 12 Brian Ehresman, El Paso (E.P.-Gridley); District 13 Sean Kelley, Champaign (St. Thomas More); District 14 Neil Yockey, Shelbyville; District 15 Cameron Baker, Normal (Community); District 15 Emily Farris, Flanagan; District 16 Courtney Musson, Astoria; District 16 Katie Karssen, Knoxville; District 17 Adelmo Marchiori, Carlinville; District 18 Lucas Joseph, East Peoria; District 21 Andrew Novara, Murphysboro; District 21 Jacob Baird, Murphysboro; and IHSA Assistant Executive Director Beth Sauser. District 12 Kayla Haines, Seneca; District 9 Jaelen Hull, Kankakee (McNamara); District 15 Carly Sarff, Mt. Zion; District 19 Matthew McDonald, Dupo; District 20 Kristina Hodges, Flora were not in attendance

RECOMMENDATION FOR BOARD ACTION: None forwarded.

COMMITTEE DISCUSSION AND ACTIONS:

1. Future SAC Projects:

- a. Create a mentoring program and a leadership class for freshman.
- b. Construct ideas for having blunt conversations with students that don't get along
- c. Motivational speakers (Alumni that have made something of themselves or people with big names)
- d. Develop a newsletter to share what others are doing (submissions from other schools to highlight schools and students)
- e. Establish and Athletic Council (ACE & SLIT)
- f. Conduct more breakout sessions to discuss and bring back ideas to schools
- g. LIFE Motto (monthly lessons and posters of this message: submitted by students)
- h. Put more focus on the leaders of non-athletic clubs
- i. Extend out to others (students that float by without doing anything good or bad)
- j. Focus more on leadership program not just a captain program; that way everyone can be involved
- k. Encourage positive cheering section with shirts and sponsors (BLACK HOLE)
- l. SAC members will create and record audio/video messages to appear on the IHSA website and at state tournaments. The messages are also available to member schools to use at their discretion.
- m. SAC members will create an information video to showcase the committee. This video will be viewed at different conferences and the Town Meetings.

- n. Create projects for member school students throughout the state to complete in order to benefit their school, conferences and communities. Allow schools to upload edited videos showing their work on the IHSA website.
 - o. Interview coaches about the different aspects of leadership and their expectations. Show these videos on the IHSA website.
 - p. Work with student councils throughout the state to implement leadership and sportsmanship programming.
2. The committee reviewed the Leadership Conference program, the immediate feedback from participants and the March questionnaire. The following suggestions are for future leadership conferences:
- a. Tie together all aspects in conference:
 - i. Incorporate the following activities between the groups:
 - 1. Games (pertaining to life skills)
 - 2. Role playing
 - 3. Skits
 - 4. Video presentation or the group creates a video
 - 5. Debate format
 - b. Communication:
 - i. Tag another topic with it
 - ii. Limited on how to incorporate student learning
 - iii. Address how communication fixes problems
 - iv. How to give, comprehend and follow instructions
 - c. Use of technology:
 - i. Social media - use during the conference as part of participation
 - ii. Incorporate video or audio clips to help a quiet group talk and encourage participation during the session
 - d. Prepare more material for presenters to use as filler for left-over time in session.
 - e. Instructions to help prepare the student attendees:
 - i. Dress comfortably
 - ii. Clearly state conference goal for attendees: i.e. This conference is designed to help you become a better leader.
 - iii. Be prepared to exchange ideas, contribute to the group discussions and state your opinion
 - iv. Be prepared to interact the entire day
 - f. 1st session modifications
 - i. Create better ice breakers.
 - ii. Keep everyone's attention throughout various activities and questions
 - iii. If utilizing a non-SAC student as a leader, invite them to 2 meetings prior to the conference
 - g. Assign more students together from the same school to a group
 - i. Five people from same school; minimum of two or three
 - h. T-shirts –
 - i. Sell conference t-shirts for \$5.00
 - ii. Have schools create t-shirts to exchange with other schools
 - i. Instructions for Adult Moderators
 - i. Help fill in the awkward gaps
 - ii. Add your personal experience

- iii. Give instructions/tips to moderators on how to be vocal leaders
 - iv. Be a lifeline to student moderators
 - v. Lead by example
 - j. Plan lunch break activities and giveaways
 - k. Different ways to distribute the candy/prizes during the sessions
 - l. Wrap-up session questions only lasted 5-10 minutes, and the schools need more guidance for their school meeting.
3. Post videos on the website of students answering what leadership means to them. Utilize people from different schools, different sports and activities.
 4. The SAC link is difficult to find on the IHSA website and needs to be more accessible or prominent.
 5. During the meeting the SAC committee answered the following questions during a breakout session. The answers below will assist in creating information for posting. 1. What are the roles of parents during the season/during contests? 2. What behaviors are expected from parents/adults during a contest? 3. How captains can build relationships with teammates. 4. Expectations of a captain. 5. Create questions for college coaches and high school coaches from different athletic and activity teams.

Answers:

Group A

- #1 & #2 What are the roles of parents/ adults during the season?
 - Positive support
 - Don't get too involved
 - Cheer for your kid/not against others
 - Let the coaches coach
 - A parent is a **spectator**
- #3 Captains building relationships with teammates
 - Be a teammate first
 - Know your teammates on a personal level
 - Be a teammate on and off the field
- #4 Expectations of a captain
 - Be consistent
 - Be a "Benevolent Dictator"
 - Be the leader, not Mr. Nice guy
- #5 Questions for coaches
 - What off-court qualities do you look for in a captain?
 - What questions do you ask to determine a person's character? (During recruiting process)
 - How do you select your captains?
 - How do you keep the captains involved?
 - How do you deal with obnoxious fans/parents?
 - What effects would a bad leader have on your team?

Group B

1. Roles of Parents:
 - a. Supportive
 - i. Being at events
 - ii. Encouragement at events
 - b. Don't be a critic
 - c. Good Listener

- i. Especially after losses/disappointments
 - d. Give time for players to calm down before offering advice/help
 - e. Don't be a coach
- 2. Behaviors of Parents:
 - a. Be an image for the school
 - i. "You are an extension of the school."
 - b. Take own advice
 - i. Think before you speak
 - c. Check their parent-athlete contract
 - i. Not refs or coaches
 - ii. Respect decisions/calls
 - d. Be positive
 - e. Calm down before speaking to a coach
 - i. Wait until days after contest to talk about it
 - f. Don't talk about any other student but your own
 - i. Unless positive enforcement
- 3. Captains and building relationships
 - a. Team Dinner
 - i. Branch out from just their position: Interact with all members of the team
 - b. Be approachable
 - c. Be friends
 - i. Enjoy being with each other
 - ii. Include everyone
 - 1. Activities inside/outside of school
 - 2. Get to know everyone
 - d. Control trash talking
- 4. Expectations of a captain:
 - a. Motivator
 - b. Lead by example
 - i. Not necessarily vocal
 - ii. On and off the playing field
 - c. Hard-Worker
 - d. Go out on a limb
 - i. Go the extra mile
 - e. Not always on top
 - i. Become an equal
 - ii. "Stay grounded"
 - iii. Treat others how you want to be treated
 - f. Boost up others
 - g. Sometimes be the "Cheerleader"
- 5. Create questions for Coaches in videos (i.e. interview in a video and ask the following)
 - a. What do you look for in a leader?
 - b. What is sportsmanship to you?
 - c. How do you select team leaders (captains)?
 - d. How is the captain an extension of you?

- e. How big of a role does the captain play on your team?
- f. How is sportsmanship shown on your team?
- g. How do you deal with unsportsmanlike players?
- h. How do you handle negative comments/remarks from spectators about you personally, or your players?
- i. What is your philosophy/motto for your team?
- j. Do you have any personal experiences of being a captain? Or sportsmanship issues?

6. Response to Surveys:

- a. Athletic Council
 - i. Teams help each other with problems
 - ii. Promote school unity

7. Usable material

- a. Power point
- b. Video
- c. Opening year assembly
 - i. In-school PSA

6. Reviewed the Student Advisory Committee Mission Statement:

The Student Advisory Committee is a group of students who participate in diverse interscholastic athletics and activities. The SAC promotes the sportsmanship and integrity ideals of the Illinois High School Association. We focus on providing leadership and communication between participants, administrators and fans of IHSA activities.

The IHSA SAC is made up of 21 students from high schools all around Illinois.

The Student Advisory Committee is creating student leaders for tomorrow, today.

7. Sportsmanship State Finals Committee

- a. Spring Sign-up sheet
- b. Discussed Fall and Winter state final tournament experience

8. Future meeting dates

- a. Sunday, September 30, 2012 at the IHSA office
- b. Conference call if needed on a Sunday. Date TBA
- c. Sunday, April 14, 2013 at the IHSA office